

YONKERS FSC
FRANKENSKATE

1st Annual Compete USA Competition
October 15, 2023
Host Club – Yonkers Figure Skating Club
EJ Murray Memorial Skating Center
348 Tuckahoe Road
Yonkers, NY 10710
www.yfsc.org



The Yonkers FSC Spring Skate – 1st Annual Compete USA Competition will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the current rulebook, as well as any pertinent updates that have been posted on the U.S. Figure Skating website. LTS USA Competition Approval #####.

This competition is open to all eligible, restricted, reinstated, or readmitted persons as defined by the Eligibility Rules, and who are currently registered members of Learn to Skate USA, a registered member of a U.S. Figure Skating member club, a collegiate club or who is an individual member in accordance with the current rulebook. Please refer to the current rulebook for non-U.S. citizens.

COVID-19 EVENT POLICIES:

In addition to any US Figure Skating policies, the Yonkers FSC will follow all local, state, and national COVID health and safety protocols in place at the time of the event. As this is changing, updated protocols will be posted on our website and communicated prior to the start of the event.

ELIGIBILITY/TEST LEVEL:

Test Level: Competition level is the highest test passed as of the entry deadline in the discipline the skater is entering. Skaters may choose to "skate up" one level. Athletes may not skate down in any event.

Age restrictions/requirements:

Skaters will be divided as closely as possible by age should the number of entries warrant more than one group.

ADULT EVENTS:

Age classes for all free skate and showcase events:

- Young Adult: 18 years through 20 years
- Class I: 21 years through 35 years
- Class II: 36 years through 45 years
- Class III: 46 years through 55 years
- Class IV: 56 years through 65 years
- Class V: 66 years and older

Age classes for all solo free dance and solo pattern dance events:

- Young Adult/Class I/II: 18 years through 45 years
- Class III/IV/V: 46 years and older

All age classes may be divided or combined depending on the number of entries and at the discretion of the chief referee and/or the competition committee.

COMPETITION REGISTRATION:

Applications must be completed online through EntryEeze, using the registration link, by **Sunday, September 24th, 2023 at midnight**. Late registrations, if accepted at the discretion of the LOC, will be assessed a late fee of \$25.

The EntryEeze link will be provided on our website: www.yfsc.org

MANDATORY ATHLETES:

Athletes age 18+ as of the competition start date who will be competing on a team (i.e., synchro, dance, pairs, shadow dance, theatre, etc.) with at least one minor athlete must complete SafeSport training. *

Minor Athletes who turn 18 mid-season are encouraged to seek parental consent to take the online SafeSport training early to avoid any disruptions in their ability to participate as the training is required upon turning 18. The athlete will not be SafeSport compliant until they have completed the training and their Members Only portal reflects completion. Please email safesport@usfigureskating.org for instructions or questions regarding parental consent.

REFUND POLICY:

Entry fees will not be refunded after entry deadline unless no competition exists, or the event is canceled. There will be no refunds for medical withdrawals.

SCHEDULE:

Competitors may be scheduled on any day or time during the announced dates of the competition. The competition and practice ice schedule will be available after the close of entries. All participants will be notified via email once available, and schedule will be posted on Entry Eeze via the link on the website.

FACILITIES:

The competition will be held at EJ Murray Memorial Skating Center, 348 Tuckahoe Road, Yonkers, NY 10710. Ice Sheet is 200x85 and bleacher seating is available for spectators. Food and beverage vending is available at the facility.

MUSIC SUBMISSION:

Music must be submitted electronically in MP3 format via ENTRYEEZE. Deadline for online music submission is Sunday, September 24, 2023. After this date, skaters will be locked out of this feature and a \$20.00 late fee will be added to the skater's cart. Late fees must be paid prior to the skater being allowed to compete. How to upload the music to EntryEeze:

<http://comp.entryeeze.com/Files/How%20to%20Upload%20Music.pdf>

All music must meet the following criteria. If you have questions about what format you have, please contact your coach, and get a new version of your music that meets the criteria listed below.

MUSIC CRITERIA:

- File Format: MP3
- Bit Rate: 192 kbps or higher and Sample Rate: 44,100 kHz. (This will be verified by the music chair, and they may request you upload a corrected file.)
- Leaders and trailers (the silence or "dead space" before and after the actual start and end of the program music) may not exceed two (2) seconds. We prefer that there be NO leaders or trailers at all. Excessive leaders and trailers may disrupt the playing of the music during competition.

Competitors must also bring a copy of their competition music in digital form as a backup in case of technical difficulties and must be available rink side during the competition. Only CDs (standard CD-R format only) will be accepted for backups and must be clearly marked with the competitor's name, event, and running time. In the event a digital copy is to be used as a backup, skater or coach is responsible for having appropriate adapter to play on a standard system.

LIABILITY:

U.S. Figure Skating, Yonkers FSC and the EJ Murray Memorial Skating Center accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

ONSITE CHECK-IN:

Check-in will open on Sunday, October 15th, 2023 one hour prior to the start of the first event. Skaters check in will be in the facility lobby. Spectators will enter through the Lobby.

LOCKER ROOMS:

Locker rooms and changing areas will not be available for this competition. All athletes are expected to arrive to the arena ready (costumes, hair, make-up etc.). Athletes will be provided with an area to put skates on but will not be permitted to change in public restrooms.

PRACTICE ICE:

Currently practice ice is not available. In the event practice ice becomes available for purchase, an email will be sent out to competitors with information.

PHOTO/VIDEO:

Note, per U.S. Figure Skating policy, photographing and/or recording of anyone other than your own skater is strictly prohibited.

There will be no official videographer or photographer for this event.

AWARDS:

All competitors will receive an award. Medals will be presented for 1st, 2nd, 3rd, and 4th places. A podium will be set up for an awards ceremony. Award times will be posted at the registration desk.

OFFICIAL NOTICES:

An official bulletin board will be maintained at the registration desk. It is the responsibility of each competitor, parent and coach to check the bulletin board frequently for any schedule changes and/or additional information. Skaters are requested to arrive 45 minutes prior to the scheduled time of their event. A tentative schedule of events will be posted prior to the competition.

Results will be posted online and a live link to U.S. Figure Skating will be provided. Link will be sent out to competitors when available and will also be posted at the registration desk.

IMPORTANT NOTICE FOR ALL COACHES:

To be a credentialed coach at a sanctioned nonqualifying competition, coaches must meet the compliance requirements listed below and verified by the U.S. Figure Skating.

Coach/Choreographer (domestic/non-foreign):

- Must be a current full member of U.S. Figure Skating either through a member club or as an individual member.
- If 18 years or older, must submit information for, proper payment of \$30 and successfully pass a background check. *
- The background check will be valid for two seasons, the one in which it was completed plus one additional.
- If 18 years or older, must complete annual SafeSport Training. *
- The training will be valid for 365 days from date of completion and there is no cost for the training/certification.
- Must complete the Professional Coach/Choreographer Coaching Education Requirement
- (CER) through the Professional Skaters Association (PSA).
- Must submit proof of general liability insurance with limits of \$1 million per occurrence/\$5 million aggregate.
- Must agree to the U.S. Figure Skating Code of Ethics. *
- Must complete three waivers: 1) Assumption of Risk, Waiver and Release and
- Indemnification Agreement, 2) Medical Consent and 3) Name and Likeness Release and Consent Agreement. *
- If attending a qualifying competition or traveling as a part of Team USA and/or International Selection Pool (ISP), must be a full member of the Professional Skaters Association (PSA).

Learn to Skate USA Coach:

- Must be a current full member of U.S. Figure Skating either through a member club or as an individual member OR Learn to Skate USA instructor membership.
- If 18 years or older, must submit information for, proper payment of \$30 and successfully pass a background check. *
- The background check will be valid for two seasons, the one in which it was completed plus one additional.
- If 18 years or older, must complete annual SafeSport Training. *
- The training will be valid for 365 days from date of completion and there is no cost for the training/certification.

Foreign Coach/Choreographer:

- Required to present the LOC with a letter from their federation verifying they are a member in good standing.

For more information regarding Coach Compliance, please visit the [Coach Compliance page](#).

VOLUNTEER INFO:

Please remember that our competition is run completely by volunteers, including our officials. We ask that you be respectful to those giving of their time to and if you are interested in getting involved with future events, please ask a board member.

CONTACT INFO:

If you have questions, please contact: Anthony Iarriccio, YFSC Competition Chair, aiarriccio@gmail.com.

SEE CURRENT RULEBOOK OR U.S. FIGURE SKATING WEBSITE FOR RULES/REQUIREMENTS.

We are excited to offer all Compete USA Events this year, except Mini Production & Production Ensembles, Aspire Synchro and Theatre on Ice. We hope to include those in the future. We have also included Special Olympics and Adaptive Skating events.

We are excited to invite our ISI Skating School Students to our Competition this year. To participate in our competition, you must register for a USFSA Learn to Skate membership. This membership is \$17 and can be found at the following link: <https://www.learntoskateusa.com/registration/>

The ISI – USFSA Conversion Chart is found at the back of this announcement.

Events Offered and Entry Fees

COMPETE USA EVENTS	Scoring	First Event	Second Event	Third Event
Snowplow Sam – Basic 6 Program with Music	6.0	\$65	\$35	\$25
Pre-Free Skate – Free Skate 1-6 with Music	6.0	\$65	\$35	\$25
Excel Free Skate (Beginner – Preliminary Plus)	6.0	\$90	\$35	\$25
Well Balanced Free Skate (No Test – Preliminary)	6.0	\$90	\$35	\$25
Adult 1-6 Program with Music	6.0	\$65	\$35	\$25
Adult Free Skate (Beginner – Bronze)	6.0	\$65	\$35	\$25
Snowplow Sam – Basic 6 Elements	6.0	\$65	\$35	\$25
Pre-Free Skate – Free Skate 1-6 Compulsory Moves	6.0	\$65	\$35	\$25
Excel Compulsory Moves	6.0	\$65	\$35	\$25
Adult 1-6, Beginner – Bronze Compulsory Moves	6.0	\$65	\$35	\$25
Compete USA – Spins Challenge	6.0	\$65	\$35	\$25
Compete USA – Jump Challenge	6.0	\$65	\$35	\$25
Compete USA – Hockey 1-4 Elements	6.0	\$65	\$35	\$25
Compete USA – Solo Dance	6.0	\$65	\$35	\$25
Compete USA – Showcase Events (if duet or trio \$25 per skater)	6.0	\$65	\$35	\$25
SPECIAL OLYMPICS / ADAPTIVE SKATING				
Special Olympics Badges	6.0	\$65	\$35	\$25
Special Olympics – Free Skate Program, Pairs, and Dance	6.0	\$65	\$35	\$25
Skate United Badges	6.0	\$65	\$35	\$25

Note: Interpretive skating is found under the Showcase elements in the Compete USA Manual.

The Compete USA Manual can be found: [here](#)

ISI – USFSA Conversion Table

Learn to Skate USA	ISI Skating Level
Snowplow Sam 1 and 2	Tot 1 – 2
Snowplow Sam 3 and 4	Tot 3 – 4
Basic 1	Pre-Alpha (age 7 and older)
Basic 2	Advanced Pre-Alpha
Basic 3	Alpha
Basic 4	Alpha
Basic 5	Beta
Basic 6	Gamma
Free Skating Levels	
Pre-Free Skate	Delta – Freestyle 1
Free Skate 1	Freestyle 2
Free Skate 2	Freestyle 3
Free Skate 3	Freestyle 4
Free Skate 4	Freestyle 5
Free Skate 5	Freestyle 5 – 6
Free Skate 6	Freestyle 5 – 6